



***The Governor's Commission on Caribbean Affairs***  
**Caribbean Market Place on  
Health & Well-Being**

***"Navigating Health Care, Nutrition, and Quality of Life  
for the Caribbean Community in Maryland"***

**Baltimore City Community College  
Mini Conference Center  
2901 Liberty Heights Avenue  
Baltimore, Maryland 21215**

**Date: October 4, 2014  
Time: 10:00am – 3:00pm  
Free Admission & Parking**

- **Get useful information/materials on your health and well-being**
- **Learn about the Affordable Care Act and enrollment**
- **Participate in lively discussion sessions about health, well-being and nutrition**
- **Have your blood pressure checked**
- **See demonstrations of healthy Caribbean cooking**
- **Browse the on-site Local Farmers Market,**
- **Youth can participate in a special youth workshop, and**
- **So much more!**

**For more information please call (410) 767-7425**